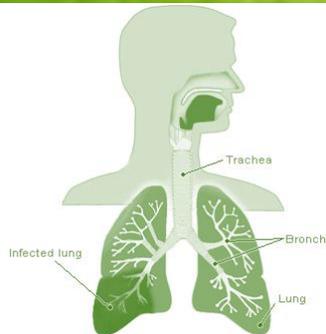


Dentures & Pneumonia

40% Denture
Wearers
Sleep in their
Dentures



Sleeping in
Dentures
Increases Risk
By 2-3 Times

Sleeping in Improperly Cleaned Dentures Can Lead to Pneumonia

Because when you sleep you breathe in the micro particles of bacteria that gets collected as a biofilm or plaque on the denture

Those Who Wear Improperly
Cleaned Dentures to Sleep
Are at Increased Risk for:

- **Thrush** (oral fungal infection) if on Antibiotics
- **Pneumonia** (circulating interleukin 6 surges)
- **Sore Spots** (gingival inflammation) if you clench/grind your teeth at night or if you have ill-fitting plates

Tips on How to Promote Oral
Health:

- Brush Dentures Daily with a Denture Brush and Dish Soap & Rinse Well
- Do Not Wear Dirty Dentures to Sleep
- Soak Dentures in Water with a Cap of White Vinegar Overnight
- Get your Dentures Checked and an Oral Exam Annually

Take Charge of Your Dental Health Today!

Brought to you by:

Denture *Essentials*

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